



Flat Breads

Equipment:

- Measuring spoons
- Mixing bowl
- Wooden spoon
- Frying pan

Top Tips:

- Fresh herbs can be added to the mixture

Ingredients:

- Cup of plain flour
- Cup of natural yogurt
- Pinch of salt
- Cooking oil

Prep Time:

- 10 minutes

Cooking Time:

- 8 minutes

Method:

1. Pour a cup of flour into the bowl
2. Add a pinch of salt
3. Add a cup of natural yogurt into the bowl and mix with hands into a ball
4. Divide the dough into 4 flat pancakes
5. Heat a small amount of oil in the frying pan
6. Place dough into pan and cook for 2 minutes on each side until cooked through
7. Serve while warm