

PE Long Term Plan 2025-2026

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FS2	Introduction To PE YogaBugs	Fundamentals YogaBugs	Gymnastics YogaBugs	Dance YogaBugs	Games YogaBugs	Ball Skills YogaBugs
Year One	Fundamentals Athletics	Sending and Receiving Ball Skills	Gymnastics Target Games	Gymnastics Invasion Games	Dance Striking and Fielding Games	Dance Net and wall Games
Year Two	Fundamentals Athletics	Sending and Receiving Ball Skills	Gymnastics Target Games	Gymnastics Invasion Games	Dance Striking and Fielding Games	Dance Net and wall Games
	Outdoor Adventure Activities and Fitness Session will take place in all year groups during PE session on Forest School Days					